**Ponder and Pray**

**Ponder:** Watch the video Road to Emmas Luke 24:13. How Jesus’ friends felt when Jesus died? How they knew Jesus was alive? Or how they knew the person was Jesus? What would it have felt like to recognise Jesus in the breaking of the bread?

**Pray:** Participate in a class prayer session and remember the Road to Emmaus story. In this prayer session say the following prayer

Gracious God

Each day you bless us with abundant gifts

Shower us with your grace

That we may walk in your Light in faith, hope and love

We ask this through the grace of your son, Jesus Christ Amen